IV. Benefits Representative/Specialist

For additional information or assistance, you may contact a Benefits Representative/Specialist located in the Human Resources Office at your center. Additional contacts and phone numbers for benefits information are listed on the NASA Benefits & Pay Website.

Why Should You Use NEBS?

- **Saves time.** *NEBS* eliminates the need for you to request paper copies by replacing them with user-friendly technology.
- **Cost Savings.** *NEBS* saves the Agency labor hours, distribution costs, and paper usage.
- **Convenient.** You may access *NEBS* from your office PC or home with a dial-in account at anytime—24 hours-a-day, 7 days-a-week—to review your current information.
- **Reliable.** *NEBS* information is pulled bi-weekly from the NASA Personnel and Payroll System (NPPS).
- **Paperless.** In keeping with streamlining efforts to reduce paper, *NEBS* takes advantage of existing technology and is paperless.

Useful Websites

Employee Express
www.employeeexpress.gov

Federal Employees Health Benefits (FEHB)
www.opm.gov/insure/health/index.htm

Federal Employees Group Life Insurance (FEGLI)
www.opm.gov/insure/life/index.htm

FirstGov
www.firstgov.gov

Life Events
htt://lifeevents.nasa.gov

Medicare
www.medicare.gov

Office of Personnel Management (OPM)
www.opm.gov

Savings Bonds
www.publicdebt.treas.gov/sav/sav.htm

Social Security Administration
www.ssa.gov

Tax Information
www.irs.ustreas.gov

Thrift Savings Plan (TSP)
www.tsp.gov

Veterans Administration
www.va.gov

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Ames Research Center
Moffett Field, CA 94035
Phone: 650-604-5608
http://nasapeople.nasa.gov

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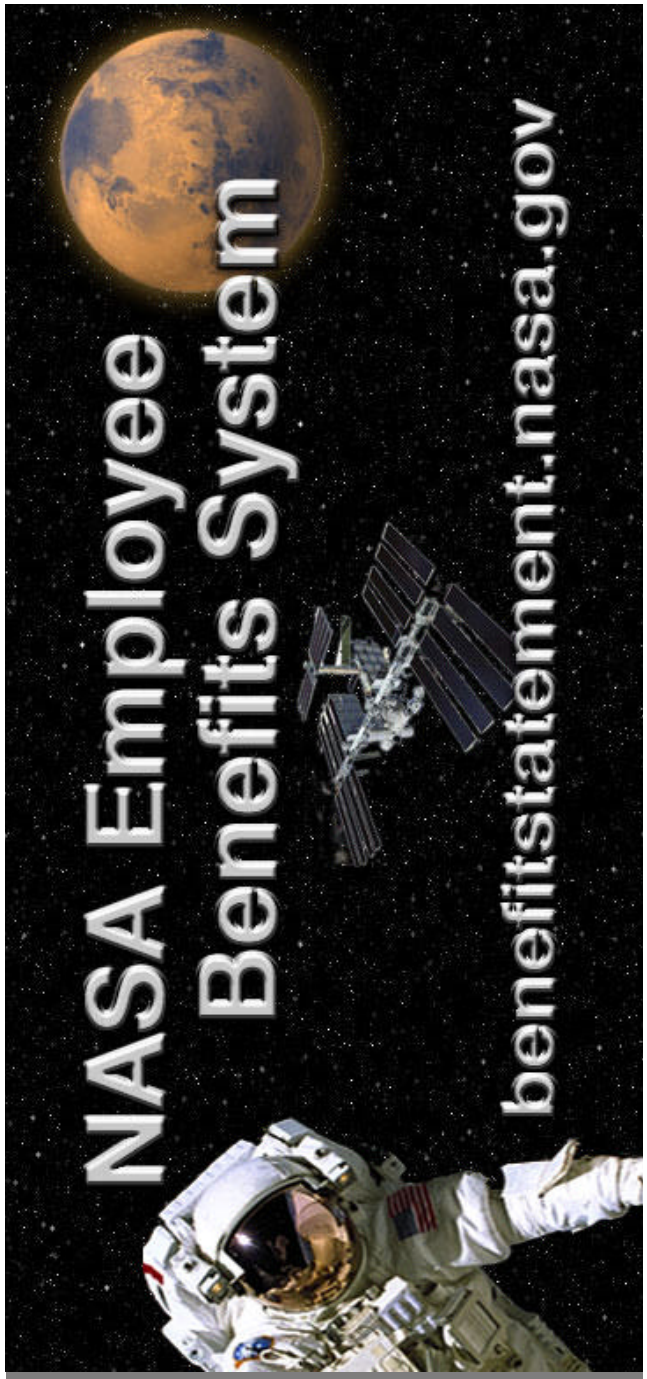

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NASA Employee Benefits System

Serving the NASA workforce

The NASA Employee Benefits System (NEBS) is a web-based, employee-accessible, interactive information and reporting system that translates employee data -- extracted from the NASA Personnel & Payroll System (NPPS) into a comprehensive, user-friendly, detailed summary of your employee benefits. NEBS consists of four main components:

- NASA Benefits & Pay Website
- NASA Employee Benefits Statement
- NASA Benefits Handbook
- Benefits Representative/Specialist at your NASA center

I. NASA Benefits & Pay Website

http://employeebenefits.nasa.gov

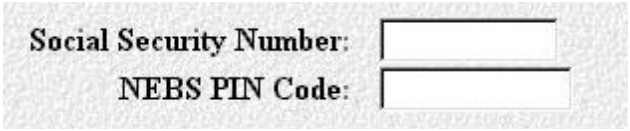
The NASA Benefits & Pay Website is the on-line source for NASA benefits & pay. It includes an online benefits handbook, a Benefits Quicklook, latest benefits information, current pay tables, and other useful benefits and pay links.

II. NASA Employee Benefits Statement

http://benefitstatement.nasa.gov

The NASA Employee Benefits Statement is a comprehensive, confidential 8-page summary that is unique to you. It is intended to give you a concise, personal list of those benefits that vary according to years of service, salary, and personal elections — such as life and health insurance and Thrift Savings Plan (TSP) participation. When used with the on-line NASA Employee Benefits Handbook, this statement should serve as a valuable tool for use in healthcare, financial, retirement, and personal planning. The information in this summary is updated biweekly and is accessible online, 24 hours-a-day.

To access or print your benefits statement, simply enter the website, type in your Social Security number, and input your NEBS Personal Identification Number (PIN). Your information is protected by the same encryption software used by ATM machines.



If you lose, forget, or didn't receive your PIN — you can request one from your Benefits Representative/Specialist in your Human Resources Office. You will receive a replacement PIN by intra-center mail.

III. NASA Employee Benefits Handbook

http://benefitshandbook.nasa.gov

The NASA Employee Benefits Handbook is provided as a general guide to help you understand the benefits and pay that are available to you as a Federal civil servant working for NASA. This on-line handbook provides a consolidated introduction to the extensive, and often complex, variety of Federal employee benefits. It is intended to provide you and your family an easy-to-understand summary of these benefits.

The chapters are grouped by benefit type and ordered to correspond with the progress of your NASA career -- from those benefits that are most important when you first come to work -- through those that are most important at the time you retire.

This online version is the most up-to-date copy of the handbook, it is updated "real-time" as changes occur in regulations and programs. Limited paper copies may be available through your Human Resources Office.